

IMPORTANT INSTRUCTIONS REGARDING YOUR LOCAL ANESTHESIA OR NITROUS OXIDE

Note: If you would like to keep your tooth/teeth after surgery, please let us know in advance. Due to OSHA regulations, we cannot retrieve teeth that have already been discarded in the medical waste container.

Any prescriptions are determined based on the outcome of the procedure and will be given in person at the end of the surgery. We are not able to send prescriptions in before the day of surgery.

As this is a surgery and not a regular dental or orthodontic appointment, we follow the same guidelines as hospital operatory rooms. **Therefore, only staff are allowed in the surgery room during surgery.** Having extra people in the room increases the risk of infection and is a distraction to the surgeon. **If your loved one needs to have you in the room for the IV placement, please discuss this with the doctor before the day of surgery.** If you have the slightest indication that you may faint due to blood, needles, etc., please avoid coming back to the room at any point as this increases the risk of complications to your loved one's procedure.

You will always be given local anesthesia (made numb) for your surgery, but you may choose any of those listed below as a supplement. Each choice requires different preparation on your part, and for your safety it is important that you read and follow instructions carefully. If you are unclear about anything, please ask your doctor.

For all surgery, please wear comfortable, loose-fitting clothing. Tops/shirts should have sleeves that are easily drawn up above the elbow. **Wear long pants.** Females should remove all nail polish before surgery and apply as little makeup as possible. All jewelry should be left at home as it could snag or get lost.

LOCAL ANESTHESIA: Will produce a numb feeling in the area being operated on. You will be awake and recall the surgery, but there should be no significant discomfort, only a slight feeling of pressure during the surgery.

1. Have a light meal a few hours prior to surgery.
2. For more extensive procedures, you may want someone to drive you home.
3. Plan to rest a few hours after the surgery.

ORAL PREMEDICATION: May be a supplement to local anesthesia and is medication taken by mouth to produce relaxation before and during your operation.

1. Take the prescribed medication as directed before the surgery.
2. Have a light meal a few hours prior to surgery, **unless you are also having IV anesthesia.**
3. **It is not safe to drive after taking sedative drugs. You MUST have someone transport you to the office and drive you home.**
4. Rest for the remainder of the day. Do not drive, operate power tools/machinery, or plan to work or make business decisions while under the influence of sedation for (24) hours after surgery.

NITROUS OXIDE: Also known as 'laughing gas.' You will be relaxed and somewhat less aware of your surroundings, but will recall most of the surgical event. Nitrous oxide is generally used in conjunction with local anesthesia, but may also be used to supplement other anesthesia choices.



KRISTOPHER HART, DDS, FACS
FELLOW, AMERICAN COLLEGE OF ORAL AND MAXILLOFACIAL SURGEONS

KAREN KEITH, DDS, MD

2352 MEADOWS BOULEVARD, SUITE 205 • CASTLE ROCK, CO 80109

WWW.CASTLEROCKOMS.COM

TEL: 303.663.7890 • FAX: 888.765.9130

1. Have a light meal (8) hours prior to surgery.
2. It is best to have someone drive you home.
3. Plan to rest for the remainder of the day.