

IMPORTANT INSTRUCTIONS REGARDING YOUR ANESTHESIA

Note: If you would like to keep your tooth/teeth after surgery, please let us know in advance. Due to OSHA regulations, we cannot retrieve teeth that have already been discarded in the medical waste container.

You will always be given local anesthesia (made numb) for your surgery, but you may choose any of those listed below as a supplement. Each choice requires different preparation on your part and for your safety it is important that you read and follow the instructions carefully. If you are unclear about anything, please ask your doctor.

For all surgery, please wear comfortable, loose-fitting clothing. Tops/shirts should have sleeves that are easily drawn up above the elbow. Females should remove nail polish before surgery and apply as little makeup as possible.

LOCAL ANESTHESIA: Will produce a numb feeling in the area being operated on. You will be awake and recall the surgery, but there should be no significant discomfort only a slight feeling of pressure during the surgery.

1. Have a light meal a few hours prior to surgery.
2. For more extensive procedures, you may want to have someone drive you home.
3. Plan to rest a few hours after the surgery.

ORAL PREMEDICATION: May be a supplement to local anesthesia and is medication taken by mouth to produce relaxation before and during your operation.

1. Take the prescribed medication as directed before the surgery.
2. Have a light meal a few hours prior to surgery, **unless** you are also having I.V. anesthesia.
3. **It is not safe to drive after taking sedative drugs. You MUST have someone transport you to the office and drive you home.**
4. Rest for the remainder of the day. Do not drive, or operate power tools, machinery, etc., or plan to work or make business decisions while under the influence of sedation for 24 hours after surgery.

NITROUS OXIDE: Also known as 'laughing gas.' You will be relaxed and somewhat less aware of your surroundings, but will recall most of the surgical event. Nitrous oxide is generally used in conjunction with local anesthesia, but may also be used to supplement other anesthesia choices.

1. Have a light meal (8) hours prior to surgery.
2. It is best to have someone drive you home.
3. Plan to rest for the remainder of the day.

INTRAVENOUS ANESTHESIA

Both of the anesthesia options below include local anesthesia (although general anesthesia does not require its use).

INTRAVENOUS SEDATION: Medications are given intravenously in your arm or hand, which will cause total relaxation and although you will not actually be completely unconscious, there will be very little recollection (if any) of the events surrounding surgery.

1. **Do not eat or drink anything** (including water) for (8) hours prior to surgery. However, it is important that you take any regular medications (high blood pressure, antibiotics, etc.) or any pre-medication prescription that we have provided (**using only a small sip of water**).
2. For morning appointments, skip breakfast.
3. For afternoon appointments, eat a light breakfast (8) hours before your appointment and skip lunch.
4. Take any regular medications with only enough water to get the pill down.
5. **You MUST have someone drive you home. This person must remain in the lobby during surgery.** A \$150 charge will be incurred if escorts delay your pickup from surgery.
6. Plan to rest for the remainder of the day. Do not operate power tools, machinery, etc., for 24 hours after surgery.
7. Wear loose fitting sleeves or short-sleeve shirts to allow access for the IV placement. Avoid light colored shirts.
8. **Remove any nail polish to avoid interference with the pulse ox monitor.**
9. Wear hair down so that your head fits comfortably in the head rest of the surgery chair.
10. If the patient is to take oral versed, the versed must be consumed within (10) minutes from the appointment start time. If the patient is noncompliant, the surgery will have to be rescheduled and possibly conducted at the hospital instead.
11. **Videos and pictures, including those taken on cell phones, are not allowed anywhere in the office. This is to comply with HIPAA regulations and to protect everyone's privacy, including the staff.**
12. **Only patients are allowed past the waiting room during surgeries in order to protect the sterile environment in the operatories, and to allow our entire staff to focus on the care of the patient.**
13. Abstain from any recreational drugs or alcohol, including marijuana, for (24) hours before your appointment as they may have harmful or even life-threatening side effects when combined with anesthesia.

GENERAL ANESTHESIA: Medications are given intravenously which will result in total loss of consciousness, complete lack of recall of the event and usually a longer recovery time. General anesthesia has an excellent safety record as an office procedure, but if desired, may be provided in a hospital setting. (Your health insurance may not cover you unless there is a significant medical reason for hospitalization).

1. The same instructions offered above for intravenous sedation apply for general anesthesia.

Our goal is to provide you with safe, pleasant and effective anesthesia. In order to do this, it is imperative that we have your full cooperation. Please feel free to call us with any questions concerning your surgery or anesthesia options.